# DURHAM RAPE CRISIS CENTRE

# ANNUAL REPORT 2020/2021



# **CONTENTS**





#### **Our Mission**

The Durham Rape Crisis Centre is a feminist organization focused on providing holistic healing and support services through crisis intervention, individual and group counselling, awareness, prevention education, community development and advocacy, empowering those who

have been impacted by sexual violence in our community.

#### **Our Strategic Goals**

- 1. Strengthen Community Outreach and Awareness of the Organization/Sexual Violence
- 2. Continuously and innovatively improve service delivery
- 3. Diversify the funding model and increase resources
- 4. Redesign the organizational structure to align with strategic direction
- 5. Improve internal communication to ensure a more efficient organization
- 6. Continue to enhance a supportive work environment for staff

## LEADERSHIP REPORT

2020 will be a year we will all remember!

In an extraordinary year marked by a global pandemic our team was resilient, much like many of the survivors we support! They met the challenge of moving service delivery online without any disruption, continuing to provide the caring attentive support to the survivors that count on them everyday. We would be remiss if we also didn't acknowledge the many tragic events impacting our community. Alongside the continuing impacts of COVID-19, including economic insecurity, social isolation, and stay-athome mandates, this year marked a mass movement in the awareness and fight against systemic racial injustices faced by our BIPOC community. Amidst the state of emergency, we have also come to understand the gendered "shadow" pandemic. As research continues to suggest, and we as a support community have banded together in recognition and solidarity, during times of global crisis and emergency, domestic and sexual violence increases.

Unfortunately, we have seen this reflected in our increased demand for service, growing waitlist for support and double the amount of calls we have received on our crisis line. We know that the "stay home, stay safe" public health mandate has not been safe for everyone in the community. Sexual violence is endemic, across all cultures and countries – and the increased reliance on technology, and pandemic related stay-at-home and social distancing measures, have amplified the wave of ongoing sex trafficking and online sexual violence and exploitation. As a result of the virtual layer of these forms of abuse it is now more important than ever to increase awareness, increase direct support, including counselling services, and prevention education.

Many charities are struggling during this time. We also recognize the importance of continuous and increased funding and resources for sexual assault centres like the Durham Rape Crisis Centre, to be able to ensure we can continually provide quality service delivery to our clients in our community who need our support, perhaps now more than ever before! During this time our team has been exceptional! Like our clients, we have been resilient, adaptable and thrived during this unprecedented time. In a year of such uncertainty, we strategized and planned, which brought our organization together to be better able to provide quality client-informed services, while also ensuring sustainability and growth of resources to support the increased demand. We developed a three-year strategic plan, in conjunction with the Board of Directors, staff team, volunteers, partners and of course our clients. From the beginning, our team quickly moved into safe, remote service delivery and e-counselling and ongoing e-learning and professional development. We could not have succeeded during this challenging year without all of our partners, funders and donors who have supported us during this difficult time, and of course our team of dedicated staff and volunteers who provide quality support to those in our community impacted by sexual violence!

The centre redirected resources and grew to support the demand on service and to ensure successful client support. There were a number of highlights during the year including: hosting and participating in online webinars and conferences, working with our post-secondary partners to provide direct support to students, introducing new support groups, including YANA (You Are Never Alone), yoga, meditation, journaling, trauma, youth, cognitive behavioral therapy etc. In addition, prevention education online and advocacy accompaniments, we also continue to raise awareness of gender-based violence – sexual violence, participating and supporting our community partnerships, writing blog posts on lack of safety at home for some survivors, the support of a youth dedicated program, celebrating International Women's Day and other events online together with survivors and the community. On behalf of the Durham Rape Crisis Centre, we would like to extend a very special and sincere thank you to all the staff, volunteers, community partners, government agencies, and the community and our clients for supporting the Centre! As a team we are proud to continue to provide much needed and specialized services and supports for our community. We will work together for a another amazing, healthy and safe, year as we look forward to reaching our new strategic goals for 2020-2023!

Sincerely,

Olga Marques,
President of the Board of Directors

Gemma Broderick, Executive Director



## STAFF

### STAFF SERVING IN 2020/2021

Michaela Barcena, Intake Counsellor (2015 - Present) Gemma Broderick, Executive Director (2019 - Present) Wendy Castanha (2020 - Present)

Lynn Cohen, Public Education and Counsellor (2001 - Present)
Emma Conner, Community Development and Volunteer
Coordinator (2019 - Present)

Jackie Fransen, Finance and Office Manager (2013 - 2020)
Samantha Gilhooly, Counsellor (2019 - Present)

Isabella Giuga, Counsellor (2019 - Present)

Rochelle Johnson, Counsellor (returning 2019 - Present) Tanya Montebello, Counsellor (2019 - Present)







# BOARD 2020/2021



#### President — Olga Marques

Olga Marques, Ph.D. is an Associate Professor at Ontario Tech University in the Criminology and Justice program. Her teaching and research focus on the intersections of sex, gender, sexuality, and race, with justice, regulation, and criminalization/victimization. She has previous employment experience in the criminal justice field, including victim support worker, program assistant in a social housing community, and as a behavior counselor in a women's federal correctional facility. Olga is currently the Chair of the Advisory Committee on Student Sexual Violence Prevention and Support at Ontario Tech University. Olga joined the DRCC Board of Directors in February 2013.

#### **Vice President — Stephanie Ehret**

Stephanic Ehret, Ph.D., is an Assistant Professor in the Sociology Department at Trent University. Prior to working in academia, Stephanic spent time in community justice, first as a diversion counsellor and then as a resource developer and volunteer coordinator at an agency focused on violence against women issues. Stephanic also has experience working in the financial industry. Her research focuses on meanings of justice and she is interested in a range of social and institutional modalities for doing justice, particularly in relation to gendered violence, race and disability. DRCC - Stephanic joined the Board in July 2016.

#### **Past President - Lindsay Wyers**

Lindsay has been the President of the DRCC for 10.5 years. Prior to her experience on the Board, she was a crisis line volunteer for 2.5 years. Lindsay has an under graduate degree is Medical Anthropology and Health Studies and a Masters in Health Sciences, with a focus on Community Health. Lindsay has a wide variety of healthcare experiences, specifically in project management, data analysis, accountability and performance metrics. She is currently the Director of IT, Decision Support, Health Information and Privacy for Peterborough Regional Health Centre. Lindsay joined the DRCC Board of Directors in March 2010.

#### Treasurer — Chelsea Desrochers

Chelsea has her undergraduate degree from Trent University in Political Studies and is completing her Masters in Political Science at the University of Waterloo. She is a Continuous Improvement Analyst with experience in data analytics, project management, various programming languages, and Six Sigma. She has been involved with other non-profit institutions focused on social justice research and restorative justice initiatives. Chelsea joined the DRCC Board of Directors in September of 2020.

#### Secretary — Adryan Bergstrom-Borins

Adryan (she/her) is a white settler with mixed Euro/Scandinavian and Anishnaabe/Ojibway ancestry. She holds a Master's of Public Policy and Sexual Diversity Studies from the University of Toronto and is currently pursuing a Social Services Worker Diploma at Durham College. Adryan is a Senior Program Advisor for Ontario's Indigenous Healing and Wellness Strategy (IHWS) in the Ministry of Children, Community and Social Services. In her role, she works closely with Indigenous communities and organizations across Ontario to implement a continuum of culturally-appropriate Indigenous designed and delivered healing, health and wellness programs. Adryan is passionate about social justice issues and supporting the healing of survivors of violence. Adryan joined the Board in 2020.

#### **Director - Denise Williams**

Denise is a corporate lawyer at Toronto-Dominion Bank with over 10 years of legal experience. She completed her undergraduate, law and graduate school studies at York University, Osgoode Hall Law School and University of Toronto respectively. Denise has a wide variety of experience as a board member for various other charitable organizations. Denise joined the Board in 2020.

#### Director — Chanelle La-Fleur

Chanelle La-Fleur is a Womens Transitional House Coordinator and Personal Support Worker. With over a decade of rewarding experience collaborating with youth and families of low income communities and diversed backgrounds. Chanelle has graduated from the Assaulted women's and children's counsellor/advocate program. Chanelle is passionate about providing services and supports to women who have survived abuse and trauma. Including one on one counselling, employment & financial coaching, health care references and eviction prevention. Chanelle has volunteered and trained with several community organizations throughout her journey, focusing on violence prevention, sexual harassment, workplace health and safety and much more! Chanelle joined the DRCC board of directors in August of 2019

#### Director - Claudia Cammisa

Claudia Cammisa is passionate about working with vulnerable children and youth. She has worked within the Ministry of Children, Community and Social Services for 3 years. During this time, Claudia's roles have included provincially assessing the safety, permanency and wellbeing of children in extended society care, as well as, inspecting foster and group homes to assess quality of care and legislative compliance. Claudia's previous experience at the Ministry of the Attorney General has provided her a comprehensive understanding of the strengths and barriers victims of crime face navigating and engaging in the criminal justice system. Claudia joined the DRCC Board of Directors in September 2019.

## VOLUNTEERS

#### **VOLUNTEERS SERVING 2020/2021**

- Ashley Adams
- Anisa Ali
- Nicole Anceriz
- Fabienne Atangana
- Sarah Baldson
- Grace Baric
- Juanita Barton
- Kristine Beatty
- Melissa Blanchard
- Holly Bonham
- Michelle Brochu
- Stephanie Brown
- Lindsay Buckley
- Jennifer Burke
- Alexandra Campbell
- Nicole Davies
- Victoria Dickson
- Alexandria Dorman
- Nancy Downes
- Lauren Doyle
- Tishanna Etienne-Harris
- Megan Ferguson
- Erin Fitzgerald
- Franca Giuga
- Janna Gnatovsky
- Ricki Harrison
- Juniper Hewson
- Rachel Hoecke
- Myah Izzard
- Tracy Johnson
- Courtney Johnston
- Natasha Kahler
- Sahana Karunakaran
- Aleena Kazi
- Virginia Kerr

- · Lizabeth Lakodaris
- Sara Lidstone
- Paulyn Mandap
- Julieta Martinez
- Sadia Mehmood
- Marlene Mullings-Black
- Marta Neves
- Antonia Ofosu
- Alisia Palermo
- Frances Panganiban
- Abike Parris
- Sara Pirani
- Alysha Ponniah
- Brooke-lynn Riley
- Lexie Riley
- Anna Rotz
- Jocelynne Savoy
- · Jennifer Schroder
- Lakshmi Seeram
- Lvanya Sinha
- Claire Smith
- Heather Smythe
- Kyla Snedden
- Gea Sostaric
- Kaitlin Stanley
- Cassidy Stak
- Mila Stevanovic
- tara Swift
- Meaghan Verty
- Chelsea Vieira
- Rania Watts
- Andrea Wilinson
- Holli Yorston



# Healing By: Petra Amoako

And she realized she was too full, too bright of a moon.

to be giving light to a man who only needed her when the sun was asleep.

**69** 

**Active Volunteers** 

7084

Hours of service donated to the organization

885

**Crisis Contacts** 

# **COMMUNITY PARTNERS**

Aids Committee of Durham Region Bethesda House

Brock Community Health Centre

Canadian Mental Health Association of Durham

Carea Community Health Centre

Catholic Family Services of Durham

City of Pickering

City of Oshawa

Community Care Durham

Community Development Council Durham

Community Living Oshawa/Clarington

C.O.P.E. Mental Health Services

Denise House

Dine & Style

D.R.I.V.E.N.

Durham Alternative Secondary School (DASS)

Durham Children's Aid Society

Durham College

Durham Continuing Education

Durham District School Board

**Durham Distress Centre** 

**Durham Family Services** 

Durham Mental Health



Durham Region Aboriginal Advisory Circle Domestic Violence Sexual Assault Centre (DVSAC)

Durham Regional Police Services

Elementary Teachers' Federation of Ontario

Durham

Herizon House

Joanne's House

John Howard Society of Durham

Kawartha Sexual Assault Centre

Living Room Community Art Studio

Luke's Place

Mississaugas of Scugog Island First Nations

Muslim Welfare House

Niijkiwendidaa Anishnaabekwewag

Ontario Shores Centre for Mental Health

Services

Ontario Works Program

Oshawa Generals

**PFLAG** 

Regional Municipality of Durham, Social

Services

Town of Ajax

Town of Whitby

Trent University - Oshawa

Ontario Tech University

Victim Witness Assistance Program

Victim Services of Durham Region

Women's Multicultural Resource and Counselling Centre of Durham

YWCA – Y's Wish, Ontario Early Years Centre







#### **COMMUNITY COMMITTEES**

D.E.A.N. (Durham Elder Abuse Network)
Durham SexYouthality Coalition
DRAVA (Durham Region Association of
Volunteer Administrators)

Ontario Tech Advisory Committee on Student Sexual Violence Prevention and Support Women's Committee of Durham

Durham Region Human Trafficking Coalition

Sex Workers Support Circle of Durham Region Ontario Coalition of Rape Crisis Centres

Violence Prevention Coordinating Council

Unfounded Case Review Commitee

The Diversity Equity & Inclusion Community of

Practice - Durham Region



## **ADVOCACY**

# **FINANCIALS**



Treasurer's 2020/2021 AGM Report (Year ended March 31/2021)

It is my privilege to present DRCC's Audited Financial Statements for the year ending March 31, 2021. I am sincerely grateful to the staff and the Auditing Firm of Hurren Sinclair MacIntrye for providing the work necessary to present the audited financial statements to our 2021 Annual General Meeting.

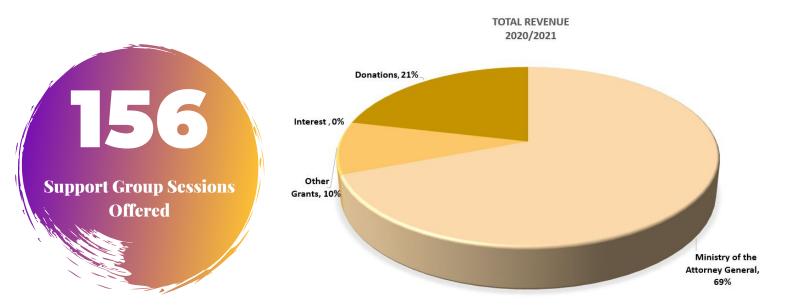
We were fortunate to successfully obtain several grant opportunities which has helped us to continue to support clients and the community, even as we transitioned to a remote environment throughout the year. Our Fundraising efforts continue to be ongoing. We are pleased to have another donation from our private miracle donor in addition to ongoing funding from the Ministry of the Attorney General. I am pleased to report that DRCC's financial situation is healthy and sound. On behalf of the Board, we appreciate the significant work and support from staff, volunteers, organizations and the community. This has been made possible because of you.

Financial sustainability continues to be one of our biggest challenges, as we continue to grow and strengthen our organization. We thank you for continuing to support DRCC, especially during these challenging times and we look forward to continuing to make a difference in the lives of individuals and in our community.

#### Sincerely,

Chelsea Desrochers . Treasurer

Financials Statements for 2020/2021 audited by the firm Hurren Sinclair MacIntrye for the Durham Rape Crisis Centre for the fiscal year ended March 31, 2021 are available upon request.



# **DONORS & SPONSORS**



#### Primary Funder: Province of Ontario, Ministry of the Attorney General

Alessandra Gayle

Amanda Perrone

Amir Mostaghim

Andrea Pidwerbecki

**Bev Bettens** 

Canadian Red Cross

Canadian Women's Foundation

Centre for Innovation in Campus Mental Health

CyberGrant TD

David Rudoler

District 13 OSSTF

**Durham College** 

Durham College Student Inc.

**Durham Community Foundation** 

Edmond Vanhaverbeke

Elwyn Willis

**Emily Truong** 

**Gloria Neuls** 

Jacob Tanner

Jeffrey Bishop

JeniferRichardson

Jinoi Titus

Kameela Osman

Karen Brown

Karen Wesener

Kevin Morgan

Kris Fowler

Mackenzie Investment

Margaret-Anne Morrow and Robert Taker

Mikki Decker

Ministry of Children, Community and Social

Services





Municipality of Clarington

Olga Marques

Ontario Job Grant

Ontario Power Generation

Ontario Trillium Foundation

RachelParis

Rebecca Lyon

Royal Bank of Canada

Samantha Gates

Samantha D'Arcy

Samantha Spencer

Sheba Samuels

Shilpa Dogra

Siera Taylor

Sophia Christopherson

Stephen Barkwell

Student Association at Durham College

Terenn Russell

**Trent University** 

United Way of Greater Toronto

**UWGT** 

William Legassicke

WMRCC of Durham

Youth and Phlanthopy Initiative